



VAPING CONVERSATION STARTER CARDS

Instructions: Cut out these cards for whenever you need some help talking to your teen.

What've you heard about vaping and how it affects your health?

Do you believe it?



I've been checking out stuff about vaping lately.

Have you seen or heard anything about it at school or online?



I noticed vaping stuff in your room. Can we talk about it?

When's a good time?



I'm worried about how vaping can be bad for your health.

What do you know about how it messes with your health?



I've heard vaping can be addictive. What do you think?

Do you know anyone hooked on vaping?



I'm curious about the pressure you get to vape. What does it feel like?

How do you manage it?



I care about you and how vaping might mess things up.

Can we talk about the dangers you know about?



What do you think about how vaping is shown on TV, in movies, and with friends?

Does it change how you see it?





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Why do you think some teens get into vaping?



What are some good ways to teach friends or younger kids about how bad vaping can be?

